

## LIST OF PROCEDURES

### Mommy Makeover

*(tummy tuck, breast augmentation or breast lift, liposuction)*

### Breast Augmentation

### Tummy Tuck

*(two areas of liposuction)*

### Mini Tummy Tuck

*(one area of liposuction)*

### Liposuction

### Brazilian Butt Lift

### Facelift

### Armlift

### Mastopexy (Breast lift)

### Upper Eyelid

### Lower Eyelid

### Kybella

### Voluma

### Volbella

### Juvederm

### Botox

### Revision Skin

### Latisse



### Dr. Shank Lakshman, MD

*Board Certified Plastic Surgeon*

*Board Certified Hand Surgeon*

*Voted Top Doctor, 2008-present*

*Pasadena Magazine*

Dr. Shank Lakshman is the principal surgeon and founder of Pasadena Surgeons. He is known in the greater Pasadena area as the “Mommy Makeover Specialist” and has recently been seen on the popular TV show “The Doctors” on CBS. Launched in 2006, Pasadena Surgeons is one of the top plastic surgery offices in Pasadena.

Dr. Lakshman’s specialty is the popular Mommy Makeover, combining multiple treatments to turn back the clock on the physical changes caused by breast feeding and pregnancy. The procedure includes breast augmentation, tummy tuck, liposuction and the Brazilian butt lift. His unique and extensive training and background ensures safe, consistent and beautiful results for his patients. As the only surgeon for his practice, he gives attention to each patient, giving you one on one personal care.

With almost twenty years of surgical experience, Dr. Lakshman will ensure that you get the best and safest possible results. His number one goal is to “regain and maintain your youthful look.”

# Inspiring Confidence

### Dr. Shank Lakshman, MD

*Specializing in*

The Mommy Makeover

Cosmetic Plastic Surgery

Surgery of the Hand



Call (626)683-9080  
or visit [PasadenaSurgeons.com](http://PasadenaSurgeons.com)



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*Serving the Pasadena and Los Angeles Areas*



Pasadena Surgeons offers cosmetic surgery solutions that demonstrate our artistry and expertise. These plastic surgery procedures can help you regain and maintain a youthful look, or simply get you ready for swimsuit season! Choose with confidence from some of our most popular procedures.



## THE MOMMY MAKEOVER

After pregnancy and delivery, your body is not the same as it once was. It may have changed physically due to extra fat, sagging breasts and loose skin. Even if you work hard to get back to that pre-baby shape, there may be some areas that just won't go back the way they were pre-pregnancy. The Mommy Makeover Surgery may include a tummy tuck, breast lift and/or breast augmentation, a butt lift and more.

## BODY

There are several types of cosmetic surgeries for contouring your body shape.

### Brazilian Butt Lift

This is the most natural way to modify your appearance without artificial implants. Your butt or gluteal area can be shapelier and more attractive, and the results will last for years.

### Abdominoplasty or Tummy Tuck

This procedure tightens the loose skin in the abdomen area and reduces a protruding belly. A tummy tuck surgery is the right solution if you have lost weight and have sagging skin or have stretch marks from childbirth.

### Liposuction or Liposculpture

This is another surgical procedure for sculpting the contour of your body. It is ideal if you have fat deposits that diet and exercise just won't change. Liposuction can remove fat from targeted areas and enhance the results of other cosmetic procedures.



## BREASTS

### Breast Augmentation

This is the most popular cosmetic surgery procedure in the U.S. It can dramatically transform the shape and size of your breasts for symmetry and beauty. Our clients often express they feel much more confident about their appearance because of their new breasts.

### Breast Lift

Another procedure that will enhance your appearance is a breast lift. It elevates drooping, sagging breasts and makes your breasts look more youthful and perky without implants. Your nipple will be back to its normal position before the effects of aging, breastfeeding, and gravity caused your breasts to sag.

### Breast Reconstruction

Ideal for a woman who has had a mastectomy, breast reconstruction is a natural, permanent solution and an alternative to an uncomfortable, inconvenient and artificial feeling prosthesis.

## SKIN

### Face Lift and Neck Lift

Reverse the effects of aging, sun damage and gravity by reducing your double chin, eliminating jowls and tightening your cheeks. An eyelid lift can make you look more refreshed by removing excess skin over your eyes, while repositioning or removing the fat around the eyes can make you look years younger.

### Injectables

Botox and Juvederm are temporary solutions to aging and wrinkles and may last up to three months.

